

Booger County Extreme 2007: Equipment

The Booger County Extreme will provide the following:

1. Topographic Maps. All course checkpoint locations will be provided in UTM coordinates. Racers must provide their own map grid readers (1:24,000).
2. Canoes, paddles, and PFDs.

Race Teams must supply:

1. 3 Co-ed team members
2. Support team and vehicle
3. Team food and drinks
4. Waterproof map case and pen
5. All first aid, personal equipment, and biking equipment listed below
6. A knowledge of how to correct course headings using magnetic declination (required for some of the long course check points)

First Aid / Repair Kit (1 Set Per Team):

1. Compass
2. Whistle
3. Small knife or multi-tool
4. Lighter or waterproof matches
5. Extra flashlight (or headlamp) with batteries
6. Athletic or duct tape (10+ feet)
7. Elastic bandage
8. Blister kit
9. 8 large adhesive bandages
10. 4 Blood-absorbing pads

Personal Equipment (Required for each racer):

1. Water Bottle(s) or hydration system
2. Headlamp or flashlight (with extra batteries and bulb)
3. Emergency space blanket
4. Hooded rain jacket and rain pants
5. Heavyweight wool or polar fleece top
6. Warm headgear
7. High-quality outdoor footwear
8. UIAA-approved commercially manufactured seat harness for rope section
9. Four (4) carabiners, 20KN (4400lbs) rating minimum
10. Two (2) 24" commercially sewn slings 20KN (4400lbs) rating minimum
11. UIAA approved climbing helmet (bike helmets can not be used during the rope sections)
12. Rappel device (ATC recommended)
13. Knee pads for the cave section
14. (Recommended) Waterproof bag or heavy-duty garbage bag large enough to hold personal pack
15. ~~Rope ascending system (must have 2 separate points of attachment at or above your waist) for the long course only. [Frog system](#) is recommended. (Ascending will not be included in the 2007 race.)~~

Mountain Biking Equipment:

1. 3 Mountain Bikes
2. 3 Bike Helmets
3. 1 bike and tire repair kit
4. 3 Sets of bike headlights and tail lights